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Trevor King

Live LONGER Feel BETTER

DEFEATING DEMENTIA, DEPRESSION & DIABETES



Transcript

Paul Barattiero

Michael Beattie: EMFs are everywhere. What's your perspective on EMFs on the potential dangers?

Paul Barattiero: Well, my perspective is it's a necessary evil. We all rely on WiFi, cellular transmissions, satellite, electrics, all these things. We all want our gadgets, we want to be able to communicate, we want to be able to ask Google what it is that we don't know about anything and have it there on our fingertips in two seconds, right? We all live and rely on these technologies, whether it's a blender, or it's a bed that moves up and down, all of these things produce EMFs. So, whether we're talking about cellular, or WiFi, or electricity, this is a part of our life. So, my perspective is this, I'm not interested in combating or stopping that because then we'd be going back to three by five index cards, right? No computers, no things.

What I want to do, or what I think is important, is to protect people from the effects of the radiation that occurs from the EMFs, from the cellular, from the WiFi, from all of the towers that are surrounding us. Whether we realize it or not, we are all in it 24/7. We could put tin foil around our house, we can do all these things, but you're not ever gonna be away from it because it's everywhere. The next neighbor has their WiFi, and their router, and everywhere you go, hotels, doesn't matter, you're going to be surrounded by radio waves of some kind. So, the perspective that I have is protect us from the damaging effects of it while keeping the benefits of the technology.

Michael Beattie: What about those people, I've met them, I know them, who say, "There can't be that much danger. Your mobile phone, a bit of WiFi, how is that going to effect you bodily?" There are people who don't believe it. What would you say to those people who don't believe that these frequencies can and do have a negative effect?

Paul Barattiero: Well, I would say it the same as you would say about anything else that could damage another human being, whether it's vaccines, whether it's what-have-you, there is a percentage of the population that is damaged. We

know that, they're effected by it. Is it because their immune system? Is it because they're more sensitive individuals? Is it because for whatever reason, they're makeup doesn't work with these waves? I don't know, but I can tell you specifically, unequivocally, 100%, there is a percentage of the population that is negatively effected. I would say it's a range of negative effect, some people are debilitated over time from motor skills, from brain function, and you would think that it's understood because a lot of people have the effect. The problem is no one has identified yet, that's the cause.

Pretty much, we're all just walking around not realizing yet because there's no real good studies that have been shared that, "Here's your cause and effect." I can tell you from my personal life, my wife who can go into a store, and if they have fluorescent light bulbs, she can last in there about 15 minutes, 20 minutes and then she needs to go lay down. If she stays 20 minutes, 30 minutes ... and this just happened last weekend. She went into a store that was all fluorescent lights, and within 20 minutes, half-an-hour, she was worn out and ready to go home. So, I can go in a store with fluorescent lights for 10 hours. What's the difference with me and her? I don't know what that is, and I don't know that we know yet as a society, but my perspective is if there are people that are effected in that manner, then there's something going on and so we should help, or protect, or figure it out.

Michael Beattie: Again, from your perspective, what are the steps anyone can take to protect themselves against the negative effects of EMFs?

Paul Barattiero: Well, I became acquainted and found a technology that is made in Germany. Actually, a dear friend of mine now developed this. The reason he did is because he was out living alone, up north of Germany where there was no cellular, was no WiFi, was no radiation of any kind and he lived there for a few months. It was when he came back into society where all these things that he started noticing, "Whoa. Why am I feeling this? Why am I feeling that? What's going on with this? How can I protect myself and help myself?" He did research about this, and what he learned was that these radiation, these waves, will go inside of the body and react with our cells, which creates heat. Some people are more effected by the heating up of our cells than other people are.

So, what he did was create a system that releases electrons into the air in an environment, whether it's a personal environment, or entire house, or business, that when those electrons, just like if you went to the ocean or the forest and you have electrons that get onto your skin and you feel amazing. This device that he developed, releases electrons into the environment that gets onto your skin and the radiation then reacts on the surface of the skin instead of going inside the body. Now, with this technology, people that are super sensitive, I would say, to radiation and effects, like I mentioned my wife being effected by the lights, when I brought this system in ... I was not skeptical but I was wanting to understand the technology, and so I was sent one as a gift.

I brought it into my home and took it into our bedroom and my wife said immediately, "What is that in your hand?" I said, "This is that key device that we talked about." "What is it?" And I'm like, "Why are you asking? And she said, "I don't know, but I feel stuff in the air, it's like a sizzling, I can feel it as soon as you walked past me in the room." And I was like, "Wow." This is who I'm married to, very sensitive, very sensitive. So for me, I've spent my life creating ways to help people that are more sensitive or effected by things than I am, because I didn't feel sizzling in the air, I didn't feel anything, right? I'm carrying a 45 pound thing, that's all I knew, I'm carrying a heavy thing and bringing it in.

I've had many people say, "Oh my gosh, this has changed my life. Thank you." And I'm grateful that we can do that and I'm grateful that we understand the why. For those of us that are not effected, it's not gonna harm us. For those that it helps, it tremendously blesses their life. So, that's what I would say, is instead of bashing something or instead of talking negatively about something that clearly will help other people, that doesn't harm the people that aren't being effected negatively, let's enjoy it. No different than going into the forest and everyone says, "I feel great." You know?

Michael Beattie: So, this is spelt Q-I?

Paul Barattiero: Yeah, Q-I.

Michael Beattie: So, now it's Qi or Qi.

Paul Barattiero: Or Qi. Yeah.

Michael Beattie: Depending on your part of the word.

Paul Barattiero: Right.

Michael Beattie: What's it made of? How does it work? What does it do?

Paul Barattiero: It's a very interesting technology. Gerald Pollack, who is an amazing, amazing man, discovered, didn't create but discovered a type of water called, the fourth phase, or what we ... anyways. It's just a state of water that he discovered. So, inside the key device is this type of water. This gentleman in Germany figured a way to make vials, small vials of water, that are assembled in a naturally beautiful Swiss pine assembly and this water creates an effect when it's all connected into this unit that's round. These vials of water combined with a metal ring around it create a natural electrolysis, very similar to what we do in our water machine. So, it creates a natural electrolysis and what we call a torus field. It creates a torus field that goes 65 feet out in each direction, 25 feet up, 25 feet down, 65 feet out from either direction of it, and it creates this amazing torus field of electrons.

That's what fields the environment within 24 hours of putting it. It's a non electric system, it uses this water that naturally will create electrons into the

environment and it comes off of, in this, a copper ring. You can feel it when you come up to it, you can feel what's coming off, but you don't plug it in, there's no electricity use. It's a very natural, beautiful thing and it'll last 10 years without doing anything to it, and then you would need to increase the water 'cause you'll lose about 30% of the water inside from using it for 10 years. It's an amazing technology.

Michael Beattie: That sounds incredible, it sounds a bit beyond anything I've experienced when you talk about the 65 feet, or whatever, field it creates. But is that something that can be measured? Is this something that can be scientifically proven?

Paul Barattiero: Yes. We already have studies from Switzerland that were done years ago on the device, and what it's doing, and how it does it, and how it affects people. So, we already have a published study on it, and that's available for anyone to read, no problem. Yep.

Michael Beattie: Okay. One of the other things that you know a lot about, and I know next to nothing about, is infrared saunas. All I've heard, I've heard people like Ty Bollinger recommending them and saying how important these are, about all the benefits of them. I think Robert Scott Bell referred to it as well. So, why would I, why would anybody need or benefit from exposure and an infrared sauna?

Paul Barattiero: That's a good question. We know that infrared is in the sun, near and far infrared is in the sun. We understand that the best way to detoxify is to sweat, right? This is the natural way that our body releases toxins, is either through elimination, urination, going to the restroom and eliminating things out of your body, and also sweating. So, we know that we sweat out toxins obviously, so really what a sauna is, is I would say a controlled sweat. You are not going outside and running around the block, you're sitting in a little sauna for a few minutes to initiate a sweat so that you can release toxins and then you would go shower, or what-have-you, that's really the purpose of the sauna.

Now, the reason infrared is better than a conventional sauna, conventional saunas are just hot, so because your skin gets hot the body wants to cool itself, and so in a roundabout way, you're initiating sweat. Infrared is heat, but it goes beneath the surface of the skin, so that it goes into the body and invigorates the cells to release as well. Not just making you hot and so you sweat to cool yourself, it's actually going into the body and initiating healing in deeper layers of the skin. That's what infrared does, it goes into the body instead of just heat that would provide that cooling, or that need to cool. It's a big difference, it's actually huge. There are many studies out there showing how infrared waves are of benefit to the body, many, many studies on that.

Michael Beattie: Are there any potential negatives to it?

Paul Barattiero: Yes, of course. If you're in there too long and you are taking a medication, for instance that causes you to go to sleep and you fall asleep in something.

Now, the saunas that people use, a lot of times are portable and your head is out, so it's a little bit different and it's harder to hurt yourself. Also, if people put the temperatures up too high, some saunas go really high, I don't recommend it. I think that it's better to be 120 to 140, so that you have different types of sweat. As you do lower temperatures, the sweat is more viscous rather than the higher temperatures, what causes a more thin perspiration. There's really a science behind the whole thing once you get into it. Some people put salt on their skin and do brushings and stuff to initiate more sweat.

There's a lot of things that people do, but I would say the few times where you could have a problem is if someone's pregnant and having a pregnancy maybe that's a little bit concerned about or what-have-you, may not be the smartest thing to get into a sauna and have the heat, or maybe use lower heat in those situations. People that have hypothermia issues, or have other issues with their heart and things, because as you warm the body, the heart is going to speed up and want to cool and cycle blood. So, if they have issues with heart rate or heart issues, they may want to consult a physician. There are things like that, that you would want to pay attention to before just getting in there, but I would say largely I'm unaware of any serious issues in sauna use, but we have to tell people that there are potential things if you abuse them and don't use them appropriately.

Michael Beattie: Yeah. That sounds reasonable enough 'cause it would sound like abuse if you did that. Really happy with all of that. What I would like you to do for a separate little thing that Travis did, however you want to put it. What I would like you to do is something like, "If anybody is thinking about an infrared sauna, the main things they need to be looking for are A, B, C, D, and E." So, you don't mention your own one, but you mention all the attributes and stuff.

Paul Barattiero: Got it.

Michael Beattie: So, if someone is thinking about an infrared sauna, I'm sure there are a lot of them out there, what are the key things, the essential things that people should be looking for?

Paul Barattiero: Good question. There are hundreds of sauna choices, you just go on Google like we talked about earlier and you'll find them all. The things that you want to watch out for or be careful of, the sauna is a great detoxification tool, however I haven't found yet, and I worked really hard to find a heating panel that was extremely low EMF. Most of these saunas on the market that are portable or non, or even the wood units, have high EMFs because the actual heating panels themselves emit high EMFs. So, it's very important that they do study the sauna and understand what are the EMFs that are produced. In a portable sauna, it is impossible to not have EMFs because it's portable. It's right around you, it's a one person sauna, and so the power supply is close to you, the heating panels are close to you, and everything's a close proximity. So, it's extremely important that they find out, what are the EMFs.

The thing we need to not get overly cautious about is being overly concerned about EMFs that aren't affecting you. So, it's one thing for a power supply to emit EMFs, but if the range or the field of those EMFs aren't touching you, then it doesn't really matter. So, some people get really excited and they take these EMF meters and put them right to the power supply, and it's 30 milligauss and they're freaking out 'cause they're gonna instantly die, they think, and all these things. The reality is, just take the meter off the power supply and as you extend away from it, you'll see that it will rapidly drop off 'cause the field is not that large. When it comes to the panels, you're very close to those heating panels and they should be not emitting EMFs because you're so close. You're within inches of them, and so it's critical that they find a sauna that has ultra low EMF, less than 2 milligauss.

The other things to look to are the fabrics used in the tent, what they call a sauna tent, or the outside of it. Most of them are nylon or they're fabrics that are polyester, rayon that will gas off chemicals when they're heated up. So again, here you're in this environment to detoxify, but you have EMFs, you have chemicals, nylon chemicals, poly, different things coming out into the environment that you're absorbing. So, it's really important that you research and look at what components are being used, and what the EMFs are, and seeing the testing that has been done showing what the EMFs are in the chair. The most important thing is to test what are the EMFs where your body is gonna be. That's what's important.

Michael Beattie: Fantastic. That's answered all my questions. I'm just trying to think, is there anything I should ask? Is there anything else that strikes you, Christine? Is there anything else, Paul, you think we need to say about key, about infrared saunas? I've got plenty there.

Paul Barattiero: I mean, we did add an ozone generator and a negative ion generator, just like we talked about the key generates negative ions, we do have in the sauna, a small unit that will make ozone and negative ion. The ozone is to keep the-

Michael Beattie: I would want to mention that if I were you.

Paul Barattiero: Yeah, the ozone keeps the inside of the sauna clean so it doesn't have bacteria growing, and the negative electrons just protects you.

Michael Beattie: Okay. Well, just tell me about those additions to your sauna.

Paul Barattiero: In general, not branding, right?

Michael Beattie: If you can, "You could go for a sauna that does this".

Paul Barattiero: Yeah. When you're doing the research on your sauna, I would also recommend having a sauna that has an ozone generator inside and a negative ion generator. The ozone is not for ozone therapy, there are other devices you can use for ozone therapy, this is more to keep the inside of the sauna bacteria free. So, creating an ozone is enough to keep the bacteria

growing, from the sweat and things that would happen inside. The other thing is a negative ion generator, this is really healthy for you to get negative ions or electrons onto your skin for the body, it's very, very good for the body. Very similar to going to the ocean, people feel really good, going to the forest where there are electrons that get on your skin and you feel better. There's negative ion generators that can be in a sauna, especially a portable sauna that emit these negative ions and electrons, so they get onto your skin and help you improve your health. That would be another thing that you would want to have, or a criteria to purchase a portable sauna would be, needing an ozone or a negative ion generator.

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Live LONGER Feel BETTER

DEFEATING DEMENTIA, DEPRESSION & DIABETES



Transcript

Robert Scott Bell

Robert Scott Bell: Hydrogen is the first element on the periodic table of elements. It's the lightest, smallest, and it can go everywhere, and anywhere. But what is it functionally in the body? Of course, H₂O, two hydrogen, and oxygen make up the water. Through an electrolytic process, you can actually reduce the water, and reveal the hydrogen to the body in a bio-available, if you will, form.

And what it does is quite fantastic, because it is considered the ultimate antioxidant in that it can take apart, if you will, or let's say put back together that which is very damaging to the cell. These things known as hydroxyl radical, the OH. By having the hydrogen available to that in the cell, they can combine, and convert from a dangerous substance to a harmless water that is floated out of the body.

It's a beautiful starting point to engage what we know of, normal metabolic processes of excretion, of dealing with metabolic waste. Things that would be inflammatory if left in the cells unchecked, and hydrogen via water can be released, and made accessible to the cells deep in the body. Anywhere in the body. In that way reduce a lot of the oxidative stress, or damage, or inflammatory cascades that many people are stuck in.

Hydration is critical for all of us. Yet we don't realize how much we rely upon hydrogen as an element. Because most people are not on a clean, organic, raw food type diet. Very little of their diet is made up of that. The fiber that is found in raw vegetation, for instance. In a healthy gut microbiome, would feed the bacteria in such a way that, that bacteria interacting with that whole, unprocessed, raw, organic food would produce copious amounts of hydrogen made available to the rest of the body and cells.

We have to heal the body, and get people back to a state where they can actually do that from their food. We can't wait for that. We all need to drink water, if we can release the hydrogen from the water, we can facilitate powerful, optimal metabolic function restoration. And then continue to

work to heal the gut, that it can do what it's designed to do, and interacting with real food.

Robert Scott Bell: But the water is a key way to get there right away. Immediately.

Michael Beattie: How long have we known about hydrogen water? How widespread is hydrogen water? For how long has it been used?

Robert Scott Bell: The technology to produce hydrogen water has been around for many decades. In Asia, they have these machines that are utilized, and they're considered medicinal, if you will. The machines are medical devices, but much of the hype surrounding this type of water has been focused on alkalinity. The ability to change the PH. To split the stream so you have an alkaline stream, and an acid stream.

But the reality is the benefit was not due to its PH, but due to the hydrogen that would be released in typically the alkaline stream. Now we can produce that water in a PH neutral form, so we don't have to split, and waste the water that you can't use. In this way, the hydrogen has been known, and there are hundreds of scientific articles, peer reviewed articles on animal, and human models in terms of disease processes in the body that can be corrected by introduction of hydrogen in a bio available form.

The technology has been around for decades. They, for the most part, missed what this was really about, and now that we have more scientific validation to recognize what this technology was to do, was really the release the hydrogen, make it available for the body.

Michael Beattie: Why do we need this? How are we not always needed hydrogen order? Or is it because of the toxins, and our bad diet that we're more crucially in need of it that ever?

Robert Scott Bell: Well, molecular hydrogen is available in spring waters around the world. Certainly the unique healing waters are considered that for a number of reasons. One of those reasons is hydrogen. It does naturally occur, and as I always focus on the health of the gut, recognizing that if we were on a simpler diet, organic raw vegetation primarily, we would produce hydrogen in the process of digestion as it interacts with the gut microbe.

The microbes, or microbiome. But we need it more than ever. It's true, because of the preponderance of toxicological burdens on our system, and therefore the free radical activity in our bodies is to places in, and levels we've never seen before. The hydroxyl radicals are typically considered the most harmful, and inflammatory.

Those are the things that can be neutralized most readily, and rapidly by hydrogen being made available through the water. It becomes the key missing component in recovery. Not just for hydration purposes, but as I said, for what water does. And that is the ability to take what is in the body, not only diluted. We talk about diluting toxins.

But actually to help facilitate the removal of those toxins from the body as H₂O, it does wondrous things. As H₂, it takes it up to a whole other level.

Michael Beattie: I had the very good fortune to very enjoyably interview professor Gerald Pollack, in Seattle. And hear about his research into what he calls EZ water. And of course he encourages us to eat a more plant based organic diet to get that the jail water, EZ water out of the plants. But how does hydrogen water relate to this EZ water?

Robert Scott Bell: There are marketing terms, there are umbrella terms that cover water that's been cleaned, and processed, and somehow interacted in electrolytic matter. We'd have to analyze each form of water to find out what it really is versus just the name. But in terms of molecular hydrogen, as we find the most benefit from. Because there are many technologies, and many machines out there producing a purified water.

Some alkaline waters, and you find that the real benefit in terms of the ultimate medicinal, or metabolic benefit, is the hydrogen that is released from the water. Water is a carrier of information as well. There are other things that we can discuss in terms of our resonant frequencies, and things like that. Because the whole body is made up of water, depending on what part of the body.

In the bones, it's the part of that's the least amount of water. 10, 15%, or so, upwards of 20. To the blood, and the plasma, and the lymph, could be 90, 95% water, or more. Water is that ... It has the ability to carry current electricity signals, cell signaling. But the hydrogen is that first element on the periodic table of elements for a reason.

And it can transit anywhere in the body most rapidly in terms of something that you can measure, identify, and validate scientifically.

Michael Beattie: Obviously we're talking about hydrogen water, which is filtered water. Presumably you would encourage all of us, of course, to be drinking filtered water in the first place. Because there are many toxins in our water generally.

Robert Scott Bell: A lot of people go out to have spring water if they have access to that, that's ideal. If it's bubbling from the ground, and it's pure, and clean, and it's wonderful, but most people don't live near those sources. And a lot of people in an effort to get cleaner water will have water shipped in from far flung regions around the planet. Believe it, or not, they fly water, they ship water in from all over the planet. And of course, if you're concerned about the environment, the impact on environment, there's a lot of waste involved.

A lot of pollution involved in shipping water across the country, across the world. Having a technology that purify the water in your home, or wherever you go is much more viable in terms of it's ... What we say, environmental footprints, very gentle, safe, and loving to the earth. There are organizations

that collect water, maybe municipalities that do it. Unfortunately, they don't filter to the level I believe is necessary.

In fact, there are a lot of ... There's a lot of evidence now that tap water, even though it's portable, they say, or portable, because they've added chemicals to kill certain microbes that could create disease in the body. In a body that's weakened. To purify to the level I would go. I would want to remove the drug residues that people are ... They are ingesting drugs, even pharmaceutical drugs approved by government agencies.

Processing metabolically utilizing these synthetics, and then urinating it out. Then it ends up back in the system that people ended up drinking. The purification technology needs to be closer, and closer to home so we don't have to ship water in from far flung regions. It makes it efficient in its use, but then we can take it much further than safe water.

Because there're no microbes in it. What about the other residues? What about heavy metals? What about pesticide residues? There are many things that we need to consider in terms of purification. Bringing it closer to home is very important.

Michael Beattie: In terms of your own background as a homeopath, and you've told me a bit about that before. But tell me again for this film, how that came about. The gentleman that made a big influence on you on how you then progressed into this [inaudible 00:10:00].

Robert Scott Bell: I was raised pharmaceutical. I was raised in a medical family. My Dad was a pharmaceutical representative. My uncle was a medical doctor, and the only view on healing I had was about drugs to take away symptoms. And I was an ill, young child from the tail was born till I reached 24 years of age, and at that point the prayers were answered.

In that I always sent a healer. Although I begged, or pleaded to God for healing. I was sent someone that would teach me how to heal. And then I began to clean up my diet. I went organic. I detoxified my liver with the help of homeopathic remedies as well as minerals I was lacking in my system. And cleaning up the water. Going from more pure water, and I would flush these things out that had been accumulating since the day I was born.

It's a fascinating journey in terms of how water played the most vital role as I was chronically dehydrated, because I had grown up on soft drinks, and teas, and these things that are diabetic, and they can really dehydrate you more than they hydrate you. There were other aspects of resonant frequencies associated with food, for instance.

Or water, or the messages water could carry. This is a whole other realm of understanding how we interact with life. If we bring love into the equation, like we see the food, and the water, and to bless that which comes into your body. I feel it's a genuine impact on the energy that you're going to remove from it for your own benefit.

But I cannot emphasize how important it is, not just to rely on that. I think it's ... I'd say intellectually lazy. I would say spiritually lazy to say, well, I can just pray the toxins away. We have to use what we've been given in terms of technological advancements to purify that which comes into our body.

Robert Scott Bell: Because I perceived this body to be a temple, a gift of creation, and to put poison, or toxic things into the body is to me a denigration of the beauty of life itself, the gift for life. For me the purification is critically important, but how we utilize it, and understand what water, and what food is. Ultimately the process of digestion is breaking down complex molecules into ever smaller, and smaller, less complex molecules, until they're ultimately releasing the energy that they carry.

Ultimately when we're hungry, we don't say we lack molecules. We say we're out of energy, I'm out of energy. I need some more energy. It's not really an esoteric concept. When you think about it, when people say, "Well, what do you mean energy?" Well, that's what we do. The process of digestion is utilization of energy to gain energy out of the food we consume.

Or the energy that water carries, and the information that it carries. There's a lot more than just physical molecules to life.

Michael Beattie: In the past, I have tried homeopathic remedies, but I really don't know that much about how homeopathy works apart from this dilution, and I've heard people being critical about how could that possibly work. Can you explain to me, and to an audience who may not know much about homeopathy, how works, and why you believe ... Why I called you, and why you work in that area.

Robert Scott Bell: Well, all life has a resonant frequency. All substances have something that you can measure in terms of the energy it contains, or not contained. And in terms of living systems, there are ways to detect energy, signatures, frequencies. You talk about EKG, the way they can measure brainwaves, they can measure the electrical energy associated with heart pumping.

All life is ultimately measured in energy. And when you perish, the body ceases to, how would we say, transmit this energy. It stops, it becomes dead per se. When we take a life form like a plant, and we take the essence of that plant through a process of serial dilution, and succussion as they do in homeopathy. You are releasing the energy, the essence, if you will, of that living entity.

And if we look to nonliving entities, we don't think of a metal for instance, as being alive, but it does have a frequency, a measurable energy associated with it. That is something that you can also utilize through the process of serial dilutions to succussion. If it's a solid, you have to work through a number of tricharations where we're doing physical action to release what it is.

Now we know it's Nano particles that are measured on a technological scale we didn't have years ago at the dawn of homeopathy. Then once you reach

a certain level of delusion through this aggressive physical motion, you now through Brownian motion, which we know about in chemistry, can release it into a water, an aqueous base, and then continue the dilution process, and see the energy altered.

Robert Scott Bell: But essence of it is still there, and in fact as you measure it on a Nano scale, you can still find nano particles of the original substance. Even now beyond the number of Abogado where they assumed there was no physical molecule left at all. There's very much a molecular content, although minute, but now there's a whole realm of nano pharmacology that begins to maybe understand a bit more about why homeopathy has an impact on transforming the body.

The function, systems, or organs. And certain plant substances resonate with certain organs, in certain systems. If we take a plant like dandelion, which unfortunately in the West, they look at as a Pesky plant that they should spray, and kill a weed. We find that ingesting it in its mother's state, or making it into a tea, or a tincture is an incredibly beneficial food, if you will.

Nourishment to the liver, and the kidneys, the excretory organs. If we take the dandelion, and utilize the process of serial dilution, and succussion, we have an unknown communication, if you will, or a resonance, a frequency that associates with expert Tory pathways, liver, kidneys. That's why we can take it for that reason. As we begin to discover about all of these other substances from the mineral plant, Animal Kingdoms, they have a similar impact.

We've got to identify them. Before they had the technology to do so, Dr Samuel Honamin, unnoticed noticed it via patient symptomology. The symptom picture. It drove him to choose remedies based on what those substances would cause in their mother state if taking to excess, and the reports from around the world, and what became known as approving, or poisoning events that were communicated.

And we began to have an inkling of what that plant would impact, what system, what organ, what symptoms would it impact on?, And then they expanded that thought for them into light curing light, to the law of similars. Similar suffering, homeopathy. That if it would cause something in its mother state that it converted to homeopathic form, it could relieve, or reduce, or eliminate that same suffering.

I would expand that from a practical physiological perspective, and say what organs are involved in the suffering. We begin to pick remedies that have a resonant frequency associated with an organ, or organ system to help facilitate normalization, or optimization of function again.

Michael Beattie: My homeopathic remedy was a tiny little white tablet. But can I take a homeopathic remedy in water, just as easily as taking that little tablet?

Robert Scott Bell: Yes. Initially it was liquid before they impregnated the tablet. Or coated the tablet. And of course you have the bonds in water. The OH bonds are very interesting how they tend to hold things that are now being discovered in terms of information as well. Whether it's put onto a tablet, or a pellet, or taken as a liquid, it's ultimately engaged in your body via the liquid medium of transformation. And it's instantaneous.

Robert Scott Bell: Much like hydrogen can transport very rapidly throughout the body. This electrical information is transported throughout the body, or the field if we go beyond the body. Because energy fields can be now measured beyond the fields within the body, to detect fields outside of the body. This is fascinating when you look at the research, like at Johns Hopkins University.

Where they had a filming going on of the development of ... I believe it was a frog, or salamander egg, and they had left it there on inadvertently overnight, and they captured energetically the outline of what was this developing little, I'd say, infant frog, or salamander. You saw the outline in an energetic visual, at Johns Hopkins University, of what was manifesting physically in the exact form.

There's an energetic aspect to our lives. I don't believe at this point you can dispute that reality, but there are molecular reductionists that don't like that concept. I don't know why actually, because we come as energy, we go as energy, we rely on energy. And this to me is not a foreign concept. We shall embrace it, and recognize that it can facilitate our way through life much better.

Michael Beattie: Fantastic. I'm really happy with all of that, but is there anything else you need to say in terms of energy, or frequency? I can't talk about the specific development of the machine, and what's going to happen. But once that has happened, and I've spoken to Victor, and maybe more questions for you, is there anything else we should be having tested?

Robert Scott Bell: What I found in my healing many years ago was ... Homeopathy obviously as a controversial concept in the Western world. Because we have relied solely on molecules for medicine. Even herbalists are accepted, because you can say, "All right, there's substance that we can measure." But if you take those substances, and dilute them ... Oof course the processes of succussion, and homeopathy is the shaking ... The vigorous shaking to somehow release its essence.

These seem seemingly are falling on people as an esoteric concept, and unprovable concept. But as we advance in technology, we begin to sense, and validate energies in all life forms, and even herbal tinctures, and even the homeopathic remedies. It's not too far fetched to conceive that if we can find it, a synergy, if you will, with the energy of a plant, of a mineral.

Sure. As we discover these resonant frequencies that are unique to specific organs, and organ systems. If we can find them and find a way to impart them into the body, that we find that there is a restoration of function. That

ultimately, yes, we're seeking relief from symptoms, from ailments, from named, or diagnose diseases.

Robert Scott Bell: But could it be corrected? If we went deeper into ... Not to ignore the symptoms, but that the symptoms would guide us into what is gone awry in the body. That we could direct our energy, our focus to those resonant frequencies that may be aberrant at this point. This could be due to measurably physical toxins, or measurably physical deficiencies in minerals that are critical for function.

But in many ways the energy, the pathways of communication, cell signaling can be addressed, because those things are also energetic components. They're not just physical transfer of molecules, but energetic signaling. Through the brain, through the nervous system, the gut-brain connection.

We've talked about hydrogen playing a role as the first element on the periodic table of elements, but now we expand our understanding into all of creation, all of life, and that it has a vibration. And that if we apply that directly through ingestion, or being in the field, generating an energy field that resonates in a positive way. Not a harmful, discordant way.

Because we've got plenty of that going on with, first 3G, then 4G, now 5G technology, that cares not for the functioning of the human, or animal cell as much as it is, how can we control one machine, to control another machine? And of course at this point, how is it impacting our machine, so to speak, are living machine, the body?

Identifying these resonant frequencies, whether they be found in homeopathy, or whether they can be produced via technologies that are mimicking that concept, it matters not to me which way you do it. I just want you to get that which helped me so much to overcome my ailments, and illnesses. The energetic component bypasses all the blockages. Doesn't mean it replaces, like I said, eating correctly, hydrating appropriately.

But it can jump start that process of recovery for people that have been desperately seeking a way out of the mess that they're in. And we cannot overlook those resonant frequencies. In fact, we should embrace them, and go for them first, and foremost at this point.

Michael Beattie: That line that you gave me about where we need to look for healing, and how we need to think about healing.

Robert Scott Bell: When I first started my healing journey, there was a lot I didn't know, and there's still a lot I have to learn. That's really for me an exciting thing. Some people are upset that they don't know every detail of how it works, and why it works. That it works is really, to me the most important part of this. And if you work with patients, if you work with people in need, and you will see them get well, it's right before your very eyes.

And if that's not enough for somebody, I can't help them. But those people that are seeking out healers, doctors, teachers, the question is what do they

really seeking? Are they seeking someone to do for them which they are required to do? Or are they seeking to find somebody that can teach them how to do for themselves? What they didn't know how to do?

Robert Scott Bell: Maybe they forgot, maybe they were never taught. You know you are going to resonate energetically with the healer that meets you at your level of consciousness. If all you're looking for is a bandaid, you're going to go to an ER equivalent, and they'll slap on a bandaid, or stitch you up, and send you on your merry way.

If you're dealing with a serious degradation disease, neurological, or cancer, or something like that, and you don't want to add poison into your body, because you now perceive that the poison may have been a contributing factor to your disease, or ailment. You would seek someone out. Maybe they're a doctor officially, maybe not.

But that knows how to remove the elements, and now we understand the energy associated with those elements that brought about your problem, or your ailment, illness, or diagnosis. The question of a healer, of the question of a doctor ... There is a doctor that will fit your level of consciousness. You can find him, or her. That is no problem.

The question is where do you want to go? How much do you want to engage in your own healing? How much do you want to take responsibility for your life, and how you got wherever you are today, however many years it's been. Or if you look back in terms of your ancestry, how many generations it's been to get where you are now. Finding yourself.

The question of being a victim, and being rescued. Or being a participant, a co-creator, and realizing you have the power to heal yourself. That to me is the most exciting discovery.

Michael Beattie: It's maybe an unfair question, so don't worry if doesn't provoke an easy answer. Have you in your experience, found people who have taken a homeopathic remedy, and been surprised. Because they did skeptically, or they weren't really thinking it would work. Or just the skeptic who takes homeo.

Robert Scott Bell: Sure. Well, there are many people that come to homeopathy with a great deal of skepticism, and I get that. Because I was raised in a molecular reductionist family, and mindset. But given the limitations of the molecules they gave me for my ailments, I had a decision to make when I realized there might be nice people with good intentions, but it wasn't helping.

I had to be open to the possibility that there are other ways to heal that I wasn't aware of. That's part of a miracle as a changed consciousness. A miracle is someone who observes nature, and follows what he, or she observes, and says, "My gosh, somebody figured this thing out a long time ago. Let me see if I can align with that."

Homeopathy, as a recent system, challenges some of those conceptions of, everything is made up of molecules, and anything that's not a molecule isn't real. I'll always joke, "Just stick your finger in the light socket, and tell me you can't see it. But tell me what you feel." We're working with more subtle energies in homeopathy. You're not going to shock yourself to death.

Robert Scott Bell:

But, yes. There have been many times that a skeptic has approached me, and I said, "I realize you don't believe in homeopathy. I don't necessarily need you to believe in it, but tell me what's going on, and let's address it from a more comprehensive, complex approach." Because some people that have a chronic ailment, or illness, are dealing with toxicological burdens, toxins, and nutrient deficiencies.

That do require to some degree molecular interaction, and I recognize the limitations of homeopathy in that way, but I will energetically work with those systems that have been corrupted for many years to help facilitate their function. We're stimulating an organ to re-establish its normal function. In that way, we find that people are surprised.

Because maybe a homeopathic remedy hadn't worked for them before, because they were dealing with a single ingredient, a single remedy, that addressed what we call constitutional issues that someone might not be prepared to go for. Because these are deep emotional, even sometimes ... Well, mental, and even spiritual issues that can be very uncomfortable.

But if we have a headache, and we want relief of a headache, I could give a remedy that is indicated for a headache. But I know that most headaches are due to liver congestion, and I will give a remedy for the liver. And my goodness, the headache goes away. Did I give a headache remedy? Not necessarily.

I gave a remedy for addressing what I perceive from my experience, and understanding how each organ system works with other systems. That if we just cleanse the body, help the body to do what it's designed to do, we can reduce, or eliminate the symptom that was far afield from it. Other examples of skeptics, so to speak, are when you work with children, who are not skeptical by nature.

Or animals who are just receiving energy, they don't know. And giving a baby, a dose of Capsicum. Homeopathic capsicum, which is the Cayenne pepper, homeopathically. In an ear infection, or earache without ... Or red inflamed ear, you can visually see it. Then within minutes of this remedy being administered ... I remember a mother holding this baby that was screaming, crying, gnawing, pulling, if you will, at the year.

And within a couple of minutes you see the redness dissipate. That's one example of physically, you're watching after remedy has been given, this child had been suffering. In terms of animals. I remember a horse farm years ago in Ocala, outside of Tampa. They had ... Actually, central Florida. They had a number of horses, they had colloquy horses.

They were horses that were lacking energy. There were others that had arthritis, and we sent remedies to that horse farm, and got reports back in a couple of weeks how all of these horses have recovered. It was a mystery to them, because they didn't understand it, except that they saw they didn't do anything differently.

Robert Scott Bell: Unless you believe that it was because the person delivering the remedies believed it, and then the horses knew that. You get beyond this concept of Placebo. Which, why we would argue against placebo. I don't understand either, because my gosh, if you can get somebody well with nothing, isn't that superior to utilizing something that could create side effects?

That are often so dangerous that they can kill you. But the idea of getting beyond the skeptic, I'm up for that. I don't mind skepticism. I'm skeptical about a lot of things too.

Michael Beattie: Maybe a final point, two of the great revelations for me over the past few years in this journey. Into the world of holistic health. I have to take responsibility for myself, [inaudible 00:30:29] said he used to ask all his patients when they came, "Well, what brings you here?" And he said, nine times out of 10 it was, "They sent me."

Instead of the person taking responsibility for themselves. That was a big revelation for me, that the doctor doesn't have all the answers. I can take responsibility for myself, and then you've used again, the word that really more recently has come to me, co-creator. That I am a co-creator where I stand today.

Robert Scott Bell: One of the challenges for any healer is to determine, what is the motivation of the person coming to see you, or see me. And that's the most important thing, because if you don't understand that, you can give to that person what they are not even interested in getting. Then you've wasted your efforts, your energy, you're depleted. The person that's come to you for help is frustrated, maybe angry.

Determining why someone is on a path to what they claim to be healing. You may have to ask, "What is your goal? What do you want to see occur? Do you just want your headaches to go away? Do you want to know why you have headaches? Or do you really want to engage in the reference of, I now want to know where it started, why it's happening, that I change the behaviors, or habits, or patterns. That I no longer go down that road ever again."

Determining that will give me the insight that I need as to what do I give ... Do I send this person down to a medical doctor who will say, "Here, take an aspirin, and Ibuprofen, a nonsteroidal." Something like that, or do I have someone that's genuinely willing to co-create their own health? Because as a healer, I'm not here to heal them.

I'm here to facilitate their healing by teaching them what I learned, that they can apply in their own life, and their own ... For their own body. When I had

accomplished what I perceived to be an extraordinary thing, I didn't think I had accomplishment at the moment when I had overcome my allergies. 24 years of suffering, and I was so grateful to my mentor, teacher, healer, homeopath.

That I thanked him profusely. Thank you for healing me. And he got indignant with me, and he says, "I did not heal you. I did not." I said, "What do you mean you didn't heal me?" "I didn't heal you. I simply taught you what you needed to do to be well. You did it." It was a completely different realization for me of what doctors were, or are.

Or what are supposed to be. That a true doctor is a teacher, a healer is a teacher, and teaches someone how to take responsibility for their own health, and to co-create their own health. That is a very empowering place to be unless you embrace a reality of victim-hood. If it all just happened to you by some random act of whatever, then there's not a lot I can do to help you.

But when you're ready to embrace that co-creation reality, your healing is just ... You're just on the edge of discovering that your power is yours. That power to heal is indeed yours.

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DEPRESSION & DIABETES



Transcript

Hagen Thiers

Michael: Ah, okay well first of all just tell me a little bit about your life, your background, your upbringing, it was a little unconventional.

Hagen: Yes, yes for me it started with my father, so he was a mechanical engineer and after being working very long time in a big company as a director and having hard life work and building house and having kids and having big company he was having health issues, burnout issues and things like that. So he got into becoming a natural doctor as you call it and so that's why he got into health and he was soon, after a year or so, he was finding very distinct interest in EMFs and what is the power of EMFs on your body and what it does. So he was giving presentation about this kind of subject and I was always joining him. So I was just like 11 years old and going there with him and helping out and arranging chairs and doing some organization stuffs and that's why I got into this interest. And of course you talked afterwards, you were in the car sometimes for hours driving back home from some presentations on the weekends and this is how it started, so asking questions and why are, for instance, why is there only solutions for single devices and not for a house?

Hagen: Because you have the power, you have the towers around you, giving you the signal and so on and what do you do about those? And I'm like, "There is no option, right? There is no possibility to do something about it really except like doing some shielding from some walls and stuff." So this is how it started actually, getting me interested and this continued for I think like two, three years and like going on two, three presentations a month or something together. And so at some point it was the idea, because he couldn't answer any more my questions and I had so interesting ideas, so he took me to scientists and tried to get answers for my questions and I was only like 13 years old at the time, 14 years old and traveling already to Italy, to scientists, sitting together there.

Hagen: And at some point like starting to say, "Okay, we have something really interesting going here." And I was electro sensitive at that time as well, so he was always of course testing also, if the solutions he was offering for a company he sold devices for, which was the market leader in Germany at the time. And so I didn't feel perfectly better and I didn't feel like the results I would have wanted them to feel like because I got headaches and got pain and anxiety and so on and I was getting exposed to cellphone calls and things like that.

Hagen: So it started like that so that we were saying, "Okay, let's do something, let's do something on our own." And my father stopped selling the devices for the other company and we started working on prototypes and after being there in Italy with the scientists and making some groundbreaking breakthrough in the first place was water, which was an essential part of our science work. And this is how it started and he stopped selling the other devices and we said, "Okay, we go our road." And the people, of course, the people were still interested and calling him and saying, "Hey, we want this EMF protection devices you talked about." And he was like, "No, I don't sell it anymore." "Oh, really? Why is that?" And he was like, "Yeah, we are working on something on our own, right?" And they're like, "Okay, can we take a look at it and so on?" And he's like, "No, we are just working on it now still in our garage really, just starting to build it out." And they said, "Oh, cool, we want to come by and watch it and see it and so on."

Hagen: And so the people came and they watched it and they said, "That's really cool what you're doing. Can we try it?" And we said, "Okay." We were happy to try it, because we need some ... We get some feedback right? From some sensitive persons feeling or feeling also the same issues than us and they never wanted to return it. So this is how it started and the people never wanted to give it back right? And we had our prototypes and we said, "No you cannot buy it, it's a prototype, it's not certified, it's not anything yet." And they said, "But we feel it helps! It feels better than the stuff you had before." And this got us on the road basically. Onto the tracks, it was how it was beginning in the first place.

Michael: Now, tell me more about your childhood, where you were born, you left school for a while and so a lot has been unconventional in your background.

Hagen: Yeah, that's correct. So I was born in Dubai in the United Arab Emirates in 1993 and my family lived there for six years. And my father had worked there just after opening the borders of East and West Germany and being able to travel again. And after a couple of years family moved back home our home city in East Germany and so I was going normally to school until that age and when starting with the devices was 13 years old, starting to develop our own solutions.

Hagen: We had it also sent to the Russians, to the Russian militaries and they tested it and I was soon called away. So we thought that it would be something good happening, but not so really so I got called away from the Russians and put to facilities of there and being help there. And they offered me an offer you cannot refuse so to say, so they asked me to work for them and to work

exclusively for radiation and research but just make it available for the military and not for private sectors, otherwise I would just be not being able to do my work at all because they didn't want that it comes into private sector.

Hagen: And so that was at the age of 14 so at some point after a couple of weeks I were able to escape basically really from the facilities and had to disappear for a long time and was just the aim to come around until you are an adult and being able to be kind of free and live a different life. And so this is how it started, so I was going away, leaving Germany and hitchhiking through Europe and working just in different situations and hotels and farms and different small businesses, just asking for shelter and food and some fee or something.

Hagen: And so I was 14 at the age, I had the favor that I was already one meter 90 and looked very, very mature and held already like 50 presentations or something so I had a good self awareness of how I behave and how I react and everything. So I was going to be ... People were estimating me to be like 27, 28 or something like that. So that was handy.

Michael: And how did your parents feel about you leaving home at such an early age?

Hagen: Well I couldn't ask them of course. Because I was there alone, because there were not able to visit really. So that was something, so I didn't have contact through friends and my mother and my brother, to anybody really but then with my father we had contact recently. And from time to time making some calls and so on so he knew. But you couldn't really tell the story because only my father knew what we were doing and we were on the journey there together so he was the only one you could kind of tell the story, right? What is happening and what is going on so he tried to support me kind of from a distance but the first couple of months we didn't have really much contact in anyway because police was looking all over and military was looking all over and trying to find me.

Hagen: Yeah, so it was a really difficult time, everybody in Europe which we had contact with got visitors from police looking for me and it was a very critical, critical time.

Michael: It's really an adventure story, so where did you travel? And then at some stage you ended up in Finland?

Hagen: Yeah, exactly. So I traveled first to Austria, later on to Italy and then because I noticed that everywhere in Europe people got still visitors which we had contact with so people took me up and some research friends and so on which knew me from my work and so on. So they helped me kind of trying to get shelter and so on but they all got visitors looking for me so I knew I wasn't safe because calls came each week and everything and they had to

sign and to write down that basically they don't know where I am and they don't help me and they would make themselves press charges and make illegal if they help me and so on.

Hagen: So the people which were around us, they got a lot of problems. So I was going, after three months I was going to Switzerland and working there and they were just outside of the EU and different systems were applied so apparently they were some border controls so it wasn't ... People were not expecting me without a passport to be in Switzerland so that's why I was kind of safe in Switzerland. But I was really having a hard work there, so I was working in a horse stable there and working 16 hours a day, six days a week and like standing up at six and going back to bed at 23 and having really hard work and just getting some food and some shelter and getting I think like 200 bucks a month.

Hagen: So it was wrecking, it was wrecking work. And so I said after a couple of months, "This cannot be it." So I said, "Okay, I would rather be outside somewhere living on my own, living in nature and not being exposed to this kind of, as it felt to me, crazy society at the time." Of course for me everything was, it was a harsh time. It was a crazy story, being 14 years old, being on your own, living on your own, trying to make your way around, being taken for granted in your works and not being able to do what you're actually supposed to do as I feel it. So it was a difficult time.

Hagen: So when I noticed I don't want this and I still was sensitive and I wasn't feeling oh so good in the city. And so I thought, "No, if you have a hard work then it's better to be in nature and to live on your own and I would rather be just in nature, catching fish and hunting and having a log home somewhere in nature to have my quiet and to be left alone." And rather work for my life there than to work in a horse stable and doing something like that.

Hagen: And I was checking out in the Google and checking out what, where can you do this? Where can I go? Where I can live this kind of life, you know? Because I didn't have passport so you had to get through Europe without border controls, so like Canada or Alaska wouldn't be of course an option or something where you would think maybe first an idea of something like this, or Russia, or Siberia or something like this. So then it occurred yeah, Finland and over in Finland and Sweden and Norway they are still having areas which are very unpopulated and where you have the Everyman's Right they call it. So you have the right to catch fish and berries and collect stuff and put up your tent and just camp for free and so on. So they still have some laws which protect like people living in nature so I found out that so that was the next step, saying, "Okay." In January 2008 I said, "Okay, I go to Finland." And I told it to my father and he was actually then coming with me because he didn't want me doing this alone.

Hagen: So that was in January 2008 and so we left together there for Finland and going above the Polar Circle, like 200 miles above the Polar Circle and national parks where you have some shelter cottages and things like that. So

just having a back pack with some food and like having food supplies for like three, four weeks. And so there was a national park in there, you have these shelter cottages so no electricity, no water, no nothing, just a cottage like 20 square meters big, having a wooden bench and a table and a fire oven where you can make your food warm or something and that was it. It was lovely, I loved it.

Hagen: So being able, outside of the society, not being asked, "What are you doing here? Why are you here? And don't you have other plans?" And so all these questions you know which you get asked every day and having to come around some how and being under this emotional pressure was gone and it was very good. And there was no signal, there was no telephone and that was one of the last places on earth where you had 0% air pollution so it was a very beautiful time. And not seeing anybody for the first six weeks, not seeing another soul was a very severe environment and going by the snowshoes hiking like almost 2000 miles or something like that through the national parks over the next couple of months. And living there around.

Hagen: So after spring occurred, mosquitoes get high up there and the nature is changing so winter is a good place to be up there and in some ways you have cold weather which is a challenge in some ways. So like the coldest weather was like -53 degrees Celsius so it was very, very cold. But after spring occurred and mosquitoes came up and lakes started to go up we said, "Okay, let's go away here." And I was going back south Finland and once coming back to signal, to society I was extremely sensitive to the EMFs.

Hagen: This was something really, really big, so your head just exploded basically when you came back to society, it was very strange feeling and so this got me even to the point of understanding how life was just 200 years ago. Because that was the life which we had millions of years before and which was the normal severe area where our body is supposed to be working in, like not having radiation, not having this air pollution and not like we didn't even have electric light right? So when it was getting dark you were getting tired and when the sun was rising up you get awakened again, right? You were just living in harmony with nature and so I noticed this is the body how it's supposed to work now, right?

Hagen: And this is the normal, natural environment which we are supposed to live in and I noticed of course we have so many population on the world, there is not nearly a possibility for everybody to go to nature and the people which are sensitive they are having a problem because usually you cannot make a living in this kind of areas. Maybe you have some husky farms or some tourist stuff but you don't really work in these kind of areas right so.

Michael: I've really only learned about electromagnetic frequencies and the kind of pollution your talking about in the past couple of years, most people I know have only just begun to think about this. But you obviously were aware of this because of your fathers work much earlier.

Hagen: Yes, yes, exactly, because I heard the presentations when I was 11 years old, like regularly. So I had an interest in it and I was feeling sensitive myself and

so yeah this was for me it was always a part of my life basically, doing in this kind of direction and for me the plan which was rolled out for me in life was to work for this and to offer a solution for people to work on this.

Michael: So how then did Qi Technology develop? What was the next phase? How did it start? What did you do?

Hagen: So when we came back from society we noticed, okay, this is really ... We didn't even think when we left Germany and when we did the work we didn't even have the set of mind that it was that important. But after being in nature there for so long time you really had an own experience and for any person which is really questioning the EMF powers and so on, just go there. Just go to a place and live without signal for a couple of weeks and come back and see what it does to you. Because for my opinion, also electro sensitive persons, are not sensitive but just the other persons, they don't feel it anymore.

Hagen: But the electro sensitives are for me the persons which are still having a body, feeling for themselves. So but to go to your question again, how did it start? So it continued, we built the devices and we started to investigate and use this time and using the time, three years, and I was going to researchers again and starting to work and I was continuing while I was away working on the devices, and we still had the same thing. People were still asking us to give them the devices and we said, "We cannot sell it." And they said stuff, "We want it and what do you want for it?" And we took some money for it and got some help for it and got some credit to do some research work on it.

Hagen: So at 2014 there was the point where I said the devices which we built so far they were just always having ... They are very different from all the devices and this part that they protect you from all high frequency radiation, so from wireless, from Bluetooth, from all this kind of radiation and also if wireless frequency or Bluetooth frequency is changing or a new frequency in this kind of range is being added or installed, like now there was at the time when we started there was GSM. Then there came 3G, then there came 4G, now we're talking about 5G or five generation of mobile phone technology right?

Hagen: So it was always getting increasing and we noticed the devices don't hold up anymore and then again my father gave me a very big task and he said, "Hey, we have been always working on the same system, we have always. The last couple of years we have always been studying the same kind of technology, the same way and we're always working just adding something on top, just like having a building and you are just adding stories." Like how you say it, levels?

Michael: Stories.

Hagen: Stories, right. And so he said, "Why don't you start fresh? Why don't you take all the information, all the ideas you have gained so far in the last 10 years, take a white page, go to your people, take your time and stop doing whatever you're doing now and just take a time zone and say, "Okay, now

let's start fresh."" And I said, "Okay and if we do this then we are only going to continue if we do this with a real company, with a real set up, the devices with real certification and only then I'm going to continue this line." Because it wasn't feeling right anymore.

Hagen: And this is what happened so I took three or four months time again and taking all the information and all the experience gained in the last couple of years and that was 2014 so being already over seven years of having prototype experience and getting feedback from people and from electro sensitive persons and everything. And so we started fresh, I invented the devices and I had a good friend who was telling me, he would like if we go there and if we go this road he will help us build the prototypes and he would be just asking, he don't want money for the prototypes and he would build me as many prototypes as I want, but if we do and go into real production he would like to do to see a real production.

Hagen: And that was good and so we built the prototypes and sent it to a court expert for radiation and he approved that the devices worked the way they do and gave us the certification that it was accepted in all Europe as a proved device to work against EMF damages. That was the point when we had the devices, we had a standardized technology, we knew how the devices worked way better than in the early days and it was certificated and then I said, "Okay, now let's build up a company."

Hagen: And this is grounding story of Qi Technologies.

Michael: Now, I, as I told you last night, I don't understand physics, I don't know chemistry, can you explain the technology to me? Can you explain how it works in a very simple way?

Hagen: Okay. Let's give it a shot. So you see radiation is always locked on the first point of view on heat. That's the first thing, when you use a cell phone there's a user manual, you have the SER vert, and it's saying the specific absorption rate which is meaning the temperature which is produced in your tissue, in your brain for instance when you're using a cell phone calls right.

Hagen: So this is the first option when you're looking into the effects of EMFs and a second part is the ... Now I'm just looking for the word. The second part is the electrons which are pushed out of the cells, so this is called the ionizing effect, so the DNA damaging effect also. So if the radiation with the magnetic fields and so on is so strong that it pushes electrons outside of their cells and of their environments then there's big damage occurring. And the radiations which we have now surrounding ourselves, high frequency EMFs like mobile phone signal and Wi-Fi and things like that. They have many, many protons so positive charged particles and not meaning positive in a positive way, but just positively charged in an electric point of view, which is confusing sometimes so that's why I just wanted to clear it out.

Hagen: And we have the electrons in our body which are the good guys and we have the protons in the EMFs which are basically the bad guys, the villains and they push this out of our cells and they produce damage, they produce free

radicals and they produce stress inside the cells and these electrons which go lost they also are needed to produce our life energy, our ATP. So what we were looking into in the first place is building up a technology which is not based on a frequency or a frequency changing or a blocking of frequencies, or lowering the EMFs in the first place but to look on the damage which is happening inside of the body, what is produced in the body as a result and try to prevent this from happening.

Hagen: And this is what we do. So we take electrons to things which the body is missing and needing and the good things and we supply this with our devices admitting electrons, negative charged particles and negative and positive are always attracting each other. We know this from basic physics, we learn this in fifth and sixth grade in school.

Michael: I remember that bit.

Hagen: That's great, so this is all we need to understand the technology and this we try to keep it simple. So we have the protons, positive charged particles in the EMFs and they usually interfere with our electrons and taking up our electrons which we need in our body, producing free radical, producing oxidative stress, producing cell damage, DNA damage and things like that. And we are just not letting the EMFs only work against our own electrons inside our body but we are giving out into the environment of the home electrons in a really high density and that's why the EMFs already interfering with the electrons which come from the devices and interfere in the room and before you encounter as the object where it's taking it away.

Hagen: So it's basically a little bit like a filter which you can imagine being built up in your room and which is just helping you for not being the object which you're exposed to.

Michael: Now, in explaining it so simply to me you've made it sound so easy. Are there lots and lots of companies making devices like this?

Hagen: There's just one other company which is producing only in the US which is working in a similar way. All the other companies they try a different way so I'm trying also in giving presentations in Europe and making people aware of what are there the possibilities to protect yourself from EMFs and you kind of can put this into four different categories. So the first one is a mechanical shielding, like with wallpapers which reflect EMFs and things like that, right, with some silver curtains which you put above your bed so that the EMFs cannot enter anymore and things like that. So this is the first protection.

Hagen: Then you have the military solutions which are blacking out EMFs, this is not for a normal customer grade use and you have the problem that you cannot use anymore of your technology of course. Because it's blacked out so it's not there. So that is the second part. And then there is the third part which is called harmonizing devices or things like that and there is many, many of those companies being there on the market and that was one of the companies my father worked for and they have usually written on the website like saying in the footer or when you enter the website you even

sometimes have like a pop up window and saying, "This is a technology doing harmonization and we cannot measure the effects and this is not certified."

Hagen: So this is going against the school knowledge of how you do this and you have to accept when you purchase devices that you accept the terms so that you cannot say that your devices don't work. So this is the third one and then there is the fourth one which is now working on the electron basis and which is looking to offer a solution independent from the frequencies, independent from devices, but protecting environments, protecting the surrounding of a person and not looking into being connected to other devices. And this is now the fourth rank where we are in. And there is another company doing it in the US and this is basically our only competitor because we are on this fourth brand.

Michael: Why have you been so successful? Because your company has risen very, very quickly over a few years.

Hagen: That's an interesting question. Maybe we should ask this to customers rather than me, huh? We are looking to offer real solution which everybody can use. In daily life offering the help that people need. So persons, we have now we are talking about 10 to 20% of the population being electro sensitive and it's not about having an option which is just lowering your EMFs, it's not just an option of living in a tent of alu foil and running around with an alu foil hat and looking to get protection. But this is a modern problem, this is a modern problem society. Because 1998 when the technology scene occurred and mobile phones jumped out of the ground everywhere and towers were being built, also at that point companies had to prove that their technology is safe to use, that changed 1998. So nowadays the customer since then has to prove that the technology did harm to them and not anymore the company has to show before they publish something.

Hagen: And so it's about offering a really daily life solution, wearing something sleek, nice, which the other person don't see and being protected. So we have the people which are living now in a completely EMF free home which are electro sensitive, living like kind of in a forest and not being able to pursue their work, because they are just losing sight, they are losing vision when they enter EMF zones, it's that strong on the interference on the body. And those people, they recommend us because they take a device, they take it with them and they are able to pursue their normal daily working life again, like they would be if they would be not be electro sensitive.

Hagen: And this is, I think, a daily life solution which works for the people and I think that's the key to the success.

Michael: Some people still deny that there's much effect caused by EMFs.

Hagen: Yes.

Michael: Can you prove as increasingly people are becoming aware of it, can you prove that it does damage and can you prove that your machine does counter that damage?

Hagen: It's very easy when you look into the science. If you look on it on a surface point of view you will not think that there is much damage on the EMF point of view, but the first problem is there's a huge, huge lobby which is not wanting that this technology is being banned, that there is a hit back and that the sales are going back, but it's all about more data, more strength, faster signal and not looking for the outcome in the body.

Hagen: So there's the professors which are looking into the research and which are independent, and this is the thing, you have to look for studies which are independent, not paid by companies which have the right to see the studies before they are being published and to edit the studies and to say, "This has been done wrong, this test is not verified." And so on. So there's a huge problem there that most studies are paid by technology companies. But if you look into the studies which are done independently then there is no question anymore showing how much damage EMF is doing.

Hagen: So if you do a double blind study in a controlled environment the people see results in the independent studies and they see that there is damage occurring and that there is damage being done to the persons so the lobby is telling, "Okay, you have only done this with 25-50 people, so this is not in anyway." How you say it?

Michael: Representative

Hagen: Representative, right. That's right, thank you. And then what has been done was a study at PD Donegal Study, which is going over many countries and where health data has been collected and data use of mobile phone has been collected and been crossed and to see what is the effect 10 years from people using cell phones a lot and people have been using little cell phone and what has been the brain tumor occurrence and what it has been showing is that the people which use the cell phones the most and talk about half or one hour a day have the highest amount of brain cancer. And the persons which use the cell phones least have the lowest rate of brain cancer. And that was done by the World Health Organization and that's why it was put into to be potentially cancer causing.

Hagen: So that was a couple of years ago and then the people asking, "Why is this only potentially cancer causing?" Because you cannot out rule side effects, because when you do a study, and this was done with 200 million people so very representative, but you cannot again out rule the side effects and maybe the persons which call one hour a day with a cell phone they sit all the time in the car and drink lots of coffee and maybe that is causing the brain tumor, right?

Michael: So this is the first thing and this is the news from seven, eight years ago right, this is the status then. Nowadays we have much more solid works, independent works so for instance last year the biggest study from the US

government which was not supported by a technical company, has been funded with 25 million and it showed that the brain tumor rate is increasing tremendously even if being exposed to way less EMF than what the borderlines are recommending so far. So this is the studies which we are looking now and now even we have for instance Dr Paul in America who has found out that EMF effects on the cell membrane is 7.2 million times higher on the cell membrane than anywhere else in the body.

Hagen: So we have the studies just coming up now which are independent and which are showing tremendous increase in the danger of the EMF's but you have to look really careful for the studies, see which are independent, see which is solid work, which is non solid work and go deep into it and this is something which most people don't do and that's why there's still the regard of thinking EMFs are not as bad as you think.

Michael: But I'm imagining because of what you've said that there are many people around who are sick, who are feeling unwell but they've maybe never thought that it's caused by EMFs.

Hagen: Yes, there's nothing to argue about it, that's right. Most people don't know that some of their symptoms, their sleeping disorder, their problems is related to EMF regards. And that's one of the biggest population. We have a person who is a very, very big business owner in Germany, one of the wealthiest guys of Germany and his wife is having sleeping disorder. So she would used to sleep only for like two hours a day for a couple of years and he has been trying everything to help her solve her sleeping disorder, really everything. And the guy is billionaire, so he has the money for it to try everything really.

Hagen: And he was going into a store and this was a dealer of ours and he has a store just concentrating on improving sleep quality and what has been found out is that if you are exposed to EMFs, you don't have to do a cell phone call, but just being exposed to the signal of cell phone towers and so on your body is exposing adrenaline and your brain waves are interfered. And so we have been showing that the adrenaline output is not anymore noticed and chemical restricted when using a Qi device and when being exposed to EMFs and also the brain waves don't anymore are being interfered and the alpha and beta waves which are the good waves which you want for sleep, for meditation, good thoughts and thinking that they are not anymore interfered by radiation.

Hagen: And so that's why this dealer has also take up our devices to improve sleep and he took the device and immediately the next day he said, "My wife slept six hours. And she sleeps ever since and all the family has bought the devices and they are extremely happy." And this is a nice story right because so many people are having the problems, they are looking and looking and looking for all the problems they have and they don't know that EMF is maybe the role of producing this and it takes long time for people to find out and to try something and even because there is so little options to protect yourself from EMFs, real working solutions there is so little. So the people even if they try a solution and they have the technology which is just false,

which is not working and there's lots of them on the market, we have to be honest about it, there's a lot of charlatanry, there's a lot of fraud and a lot of things there going on with this industry.

Michael: Which is a shame because it's giving a bad touch to the industry and giving people a strange feeling and that you think of all people running around in the streets with all foil on their heads to protect themselves from radiation and this is not the image which it's supposed to have.

Michael: Okay, before you tell me about the different devices you have, has your technology been independently tested or is it being independently tested?

Hagen: Before we started the company already that was what I was telling before, so we had it sent to a technician which is an expert technician and which is recognized from the courts and he has an institute for EMF protection. And he tested already the device when not even the company was built up because this is what is the most important for me, because I'm my biggest critic and I'm doing the research and I'm doing the things so before I give out my name I want to be sure that it's working. So on the effects which you can measure on the EMFs we have seen tremendous change on any regards which we can measure, so brain waves, temperature, from adrenaline output and even in the field measurements inside the room.

Hagen: Because there's interference from the electrons interfering with the Wi-Fi and with the radiation in the room with the signals and interfering so you see a change in the magnetic fields and in the EMF levels, you see a decrease. So already to talk about the device has to be certified, absolutely it's there and that's why we can sell it and we are proven by all courts in Europe to be a working solution and this is how we started the company already five years ago.

Michael: Now, tell me about the different devices that you have.

Hagen: We have our standard device which is the Qi Home or the Qi Home Cell which is now the latest device which you just build up in your home and it's made to suit a house or a flat and you build it up and all the people which are in a distance of 7.5 meters in a ratio, so in all directions 7.5 meters and five meter height and low. So this an environment device, you build it up and it exposes with electrons in an environment and offering protection in this way.

Hagen: And then we have a mobile device which you can take with you for work, for travels and airplanes and cars and so on and you feel you have a EMF protection on a mobile way and then we also have the biggest units for companies, for offices, for call centers especially we have quite some clients and technician officers which want to offer their solutions. This is basically our three brands, we have devices for industry, we have devices for home and we have mobile devices and nowadays we have our latest device is the Qi Shield, which is like our latest device, now published in 2019 and this is a

device which is mobile use but it's also very, very well equipped for using at stationary.

Hagen: This is a small device, just like this, you can put a picture maybe inside the video and you can just put this on your shelf, on your bedside and your whole room is EMF protected and this is especially when you have a low budget this is a good solution because you can just take this with you later on in the car when you go to work and you put it on your desk, on your office and you have your office covered for EMF protection. This is a mobile device which you can use stationary and mobile and this is already equipped also for the now coming out 5G. So this is now very nice thing and this is now especially if you're looking into small budget and looking for protection just for if you're a single person or living with your partner together and just having not so big space then this is a good device to look at.

Hagen: And otherwise basically usually the people start with the Qi Home Cell for the family and it doesn't usually matter if you have four or five people living inside the house, usually the size of the Qi Home is sufficient for a normal house and this is already the best thing you can do to start because you have the most benefits because you're staying the longest time in your home.

Michael: And give me an idea of the kind of prices that people would have to pay to get this protection, is it very expensive?

Hagen: It has a price to it. It's 975 for instance for the Qi Shield, so if you are a single living person and you want protection for your home, for your car, for your working place we are talking about 975 euros and you have also if you want to start with lower budget we are starting with about 429 so this is going already half and then you have a mobile device which is just in your pocket, which I just carry all the time with me and this is very slight and clean so it's just this big and you can just have it all the time with you. And even if you have small budget and you just want to try out the technology you put this beside your bed and you see the notice and difference in sleeping. And then you take it with you for work and then you have the EMF protection there. But you have to wear it on your side because this is having a very, very small ratio of working, so this is our smallest device starting with 429.

Hagen: And we are talking about for a stationary device for equipping a whole home for protecting it for six to eight years of lifetime we are talking about 2975.

Michael: Yes, I was going to ask how long the devices last, do they all last for six years or more or do the little ones not last as long? How does it work?

Hagen: The little ones are not quite working as long, at about five years and the stationery devices about eight years.

Michael: And what sort of reaction are you getting from your customers?

Hagen: Positive reactions in the biggest regard. So we have a return rate and we have an extended return rate just on volunteer basis from our site so that the people can just say after 30 days for instance, "Okay, I give back the device." Without any problems and without any reason and just telling, "Okay, I don't feel enough change." Or so on. And we have a return rate of about two percent which is already I think telling quite a bit. And what I always recommend to the customers who buy a device is to track their vitals and to track their data which they have and try to collect some data. Because we are in a society nowadays where we think we notice change. And this is a very strange thing about us humans, if you go to the gym today and you look the next day in the mirror and you're thinking, "Why has nothing changed?"

Hagen: And you go again, right? And nothing changes, right and you have to be persistent and if you look just after 30 days maybe and do a picture of you and maybe take some measurements and comparing it to 30 days before then you notice changes. And you wouldn't notice the change because it happens everyday, so it's important to track. Because for instance ATP our life energy is having a huge impact on EMF so EMF is decreasing our life energy tremendously so you can already take this by blood sample, 50 bucks, you go to the lab, they take blood plasma from you and they can measure the ATP.

Hagen: And this is already where you see a change after 30 days that you see, "Oh, my life energy is bigger because I have less EMF exposure." This is a way of doing it. Or also to say, "Okay, I want to see how my sleep is changing." So the people take a sleep tracker and put it on their mattress and see that they have much deeper sleep, that they have lower waking times and that they have more recovery times and things like that. So there is solutions which you should be also using to track. Because people are thinking I take a device and then I need to feel changes, but this is something about our mind, we have to collect the status when we get the device. So for every device we give out we give out a piece of paper where they fill in the data, the weight, their blood pressure, their age, their symptoms like how they feel, how they evaluate their sleep quality and things like that, just like questions for themselves. And we put in a second one for 30 days later and we encourage always the people to do this because this is what you should be doing because you cannot remember how I was feeling 30 days ago when I got this device.

Hagen: So this is something what the people should be doing and using and I think this is also a big part of why the return rate is so little because the people use this and they send us the results and they say, "Hey, I evaluated my sleep quality with six from 10 points when I got the device." And I didn't remember what I did at the first place because you can do a double blind of course right, so you can also do the second test without knowing the first answers and then they say, "Oh now I evaluate it eight and my drinking water has been going up by maybe half a liter a day, I drink more water so it

tastes better." And so the people notice changes on the paper much better than they notice in their mind. That's a big thing.

Michael: How does your technology work to produce the electrons? What is inside your devices?

Hagen: So we take the electrons out of water. So water is always having electrons. And you can have if you have a hexagonal structure in water you have one electron which is free. And if you give a pressure like in a magnetic wave, you expose this electron which is free inside the water and expose it to the environment and this is just a very simple way of telling it. That's also why the water inside it gets less.

